ABSTRACT OF THE DISCLOSURE

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Ball bats and methods of making the same are disclosed whereby the handle and barrel members are separate structural components, and whereby the handle member is of sufficient length to extend through the hollow barrel member. The handle member may thus be connected to the barrel member at its proximal and distal ends. Preferably, the connection between the handle member at the proximal end of the barrel member is by means of an elastomeric connector. The connection between the handle member and the distal end of the barrel member is most preferably accomplished by means of embedding the terminal end of the handle member in an elastomeric barrel end plug which is connected to and closes the distal end of the barrel member. Such structure allows the handle member to be a substantially constant diameter along the entirety of its length, thereby improving its flexural response.